


East Windsor Senior Center

Events and Activities

DECEMBER 2015

SENIOR SERVICES (860) 292-8262 TRANSPORTATION PROGRAM (860) 292-8261 NUTRITION PROGRAM ON-SITE CAFÉ (860) 292-8279

NUTRITION PROGRAM MEALS - ON- WHEELS (860) 292-8279 WEBSITE: www.eastwindsorct.com

MONDAY	TUESDAY-1	WEDNESDAY-2	THURSDAY-3	FRIDAY-4
	Holiday Shopping at the Christmas Tree Shop 9:00-11:30 Chair Yoga 12:30 \$\$\$	Shopping at Geisslers 9:00 Wii Zumba with Melissa 12:30 "Fez"tival of Trees 12:30-4:00 WHPT Library 1:00 - 2:00	Free Blood Pressure/Sugar Sugar Screening 10:00 Christmas Tree Decorating Cocoa and Breakfast Treats 10:00-11:30 Jewelry Making w/Janice 10:30 \$\$ Senior Club Meeting 1:00 - 3:00	Wood Library Ginger Bread House Festival and Lunch at The Red Onion 10:00-2:00 Mobile Foodshare St. Catherine's Church 1:45 p.m. - 2:30 p.m.
7 Shopping - Big Y or Walmart 9:00 - 11:00 Fitness Class \$\$\$ 10:30-11:30 Art Class 12:30 Wii Bowling 12:30	8 Focus Group 10:00 - 11:00 Food for Thought 11:00 - 11:30 One on One Law Sessions 12:30 Chair Yoga 12:30 \$\$\$ Staff Meeting 2:00	9 Shopping at Geisslers 9:00 Wii Zumba with Melissa 12:30 Holiday Light Fantasia \$\$\$ Dinner at First and Last Tavern 4:15 p.m.-8:30 p.m.	10 In-House Bingo 12:30 - 2:00 \$\$\$ 	11 Holiday Shopping at Buckland Hills Mall 9:00-1:00 
14 Shopping - Big Y or Walmart 9:00 - 11:00 Fitness Class \$\$\$ 10:30-11:30 Roundtable 12:30 Guest: Human Services Art Class 12:30 Wii Bowling 12:30	15 Foot Care Services 9:00 - 1:00 \$\$\$ Game Day 10:00-11:30 Aqua Turf Club Holiday Merriment \$\$\$ 10:00 - 4:00 Chair Yoga 12:30 \$\$\$	16 Shopping at Geisslers 9:00 Crafts w/ Melissa 10:30 Wii Zumba with Melissa 12:30 Subway Dinner at Center East Windsor Light Judging 4:30-6:30	17 Monthly Birthday Party & Holiday Social 12:30 Entertainment: Karen Wagner 	18 Breakfast at Vernon Diner Holiday Shopping at The Gift Shoppe 9:30-11:45 Mobile Foodshare St. Catherine's Church 1:45 p.m. - 2:30 p.m.
21 Shopping - Big Y or Walmart 9:00 - 11:00 Fitness Class \$\$\$ 10:30-11:30 Art Class 12:30 Wii Bowling 12:30	22 Tea Time w/ Kristen 9:30 - 10:30  Chair Yoga 12:30 \$\$\$	23 Shopping at Geisslers 9:00 Wii Zumba with Melissa 12:30	24 NO CRT LUNCH Pizza and a Movie 11:00-1:00 "ELF"	25 Christmas Day Senior Center Closed 
28 Shopping - Big Y or Walmart 9:00 - 11:00 Fitness Class \$\$\$ 10:30-11:30 Art Class 12:30 Wii Bowling 12:30	29  Chair Yoga 12:30 \$\$\$	30 Shopping at Geisslers 9:00 Wii Zumba with Melissa 12:30	31 Jewelry Making w/Janice 10:30 \$\$\$ NO CRT LUNCH New Years Eve Pot Luck 12:00-2:00	

11/10/15 ST

In the event of inclement weather, we follow the same schedule as the East Windsor School System. Please tune in to Channel 3 - WFSB and/or Channel 30 - WNBC for school closings. When the school system has a delayed opening due to inclement weather, the Transportation Program will also have a delayed start time. When the East Windsor School system closes early due to unfavorable road conditions, it may be necessary to close the senior center early.

THE CENTER IS OPEN

MONDAY THRU FRIDAY

8:00 A.M. - 3:00 P.M.